

Minutes - Doncaster Keeping Safe Forum



Date of meeting: Wednesday 17th February 2021

Time: 10.00am – 11.00am

Please note: This meeting was held via Zoom video communications on 847 915 9356.

People present:

Name	Representing
Natalie Bowler-Smith	Healthwatch Doncaster – facilitator
Emily Green	Healthwatch Doncaster – admin support
Jean Sowley	South Yorkshire Housing Association (SYHA)
Jean Stewart	Enrich
John Burke	Healthwatch Doncaster volunteer
Carmelle Harold	Changing Lives
Shabnum Amin	Safeguarding Board – DMBC
Julie Beaumont	Changing Lives
Helen Mason	Open Minds
Daniel Barrett	Open Minds
Sarah Merriman	TIDE UK

1. Welcome & introductions	Natalie welcomed everyone to the meeting and introductions were made.
2. Apologies	Sue Vestey – Scawthorpe Library Jude Chan – My Network For Women Diana Foster – Healthwatch volunteer
3. Suicide Awareness Julie – Changing Lives	<p>The theme for this meeting was Suicide Awareness as it has been recognised this has been a strong theme as statics have risen during COVID pandemic.</p> <p>Julie from Changing Lives is the Co-coordinator for the Bereaved by Suicide service which is a support group ran by volunteers and Julie for people who have experienced bereavement of someone close to them due to suicide. The group is as a safe space for people to talk to others who are like-minded. The service has moved to online since August 2020 and the group are encouraging more Male's to attend the group as they find it hard to engage in case they are judged by others.</p> <p>Julie mentioned the service is flexible to meet individual needs. For example: some people are not ready to join a group therefore the option for 1-1 support is available or small groups of 4 are available for counselling.</p> <p>Anyone can attend the support group by self or GP referral if they are over 18 and a resident in Doncaster.</p> <p>The Keeping Safe Forum had a group discussion and questions were raised.</p> <p>Julie confirmed that there is no timescale for people to join from when bereavement was and they do offer the support service to other professionals.</p>

	<p>Natalie encouraged the group to watch and share Doncaster Council video around Male suicide awareness.</p> <p>Action: Julie to send information/ promotional resources to Natalie to share with the forum.</p>
<p>4. Helen Mason and Daniel Barrett – Open Minds</p>	<p>Helen Mason is the Managing Director for Open Minds. Open Minds offer a counselling service for Children and Adults. Helen explained the service Open Minds offer and the process their service users go through when they are referred to the service.</p> <p>Open Minds work with individuals attempted to take their own life. NHS would work with the individual at first point of crisis then Open Minds take over long term to ensure the individual builds coping skills.</p> <p>Helen talked about their Emotional Resilience Mentoring service that is offered to individuals that acts as a tool kit to encourage positive mental health. Then this is picked up by co-ordinator to find out what has caused the person's distress.</p> <p>Daniel Barrett is a Co-ordinator for Open Minds who work with individuals and shared an experience from someone he has worked with and their pathway.</p>
<p>5. Review of new Safeguarding Leaflet</p>	<p>The Forum reviewed the draft version of the Joint Safeguarding Board leaflet and gave comments.</p> <p>It was identified it is good to include the types of abuse as people can be unsure what 'Safeguarding' means.</p> <p>Action: Shabnum/ Natalie to make alterations.</p>
<p>6. Any Other Business</p>	<p>No any other business.</p>
<p>7. Date of Next meeting</p>	<p>Wednesday 17th March at 10am.</p>
<p>8. Close</p>	<p>Meeting closed at 11am.</p>