

Question 11

Mental health service investment across England will increase by £2.3 Billion by 2023/24. The NHS Long Term Plan outlines commitments to Mental wellbeing and Emotional and Physical Health, including:Expansion of crisis services, including ensuring that they are available 24/7 for adults and children The creation of new mental health support teams in schools and collegesIncreasing funding into children's eating disorder servicesExpanding specialist mental health services for pregnant and post-natal womenCreating new, more joined up, ways for professionals to support those with serious mental illness Creating the best care environments for people who need to stay in hospital to receive mental health care and supportExpanding employment services to support those with mental health conditions who wish to work to find and keep suitable employmentIntroduction of a new waiting time target for mental health services Increased focus on suicide prevention**Do you agree these are the right things to focus on?**

Because we need to support those who are most vulnerable in our society and help them regain focus on positive change - specialist support services are required - this means real investment

Should make things more coordinated and have the potential for more shared knowledge and skills. Better to have a one stop shop.

The underlying issue needs to be addressed. Why are so many young people suffering with mental health? Social media!

My wife's MH has been affected since she has had a medical problem it would have been good if MH support whilst being treated. she is still waiting for help. I am able to support my wife but I get no support
prevention is better than cure the earlier they start the better

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you need to invest propally in the right targets caring for people.

people need a lot of support before they start looking for a job. this wouldnt be a priority for me . targets are all very well but it depends what it is ? the waiting time could be 10 years.

i think mental health services need to be more available and quicker . its a bit previous to talk about employment when people have to wait 18 months just to see someone.

Keeping people in work is very important. More focus on early intervention would be good too.

Mental health is becoming a big issue

However. We do not need to keep pandering to certain groups.

Too many people with mental health problems. Maybe money could be spent on prevention as well

waitng times too long at present for these services need to be seen sooner

mental health is as important as physical health

Sure start offered support for families. Much more support needed for children and adolescents

As chair of the local Mind charity, the need for mental health support services and continued support for 3rd sector services is key to the ongoing wellbeing of the community. Statutory services are at maximum and with continued cut in funding makes any expansion of 3rd sector services very difficult

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Missed any provision for those with severe lifelong trauma. Whilst at the extreme end of mental health disorder through trauma, we exist - albeit barely, and are being ignored. My GP says NHS does a good job for major demographics but 'misses' more 'unusual' cases. This needs to stop being the case. Dissociative Identity / Ritual Abuse survivors have nowhere to go!

People should become more resilient and services should focus equality on men and women - unlike it is now

People need to be seen very early on diagnosis not months later. Need someone to talk to to encourage them that life is worth living and small steps and the right support. Again more staff and resources are available to avoid long waiting lists. This will help prevent unnecessary suicides and hospital admissions

They all look practical, preventative measures. Anything which reduces time waiting for mental health support has to be good for the individual.

More joined up support needed.

also focus on prioritising genuine cases

people who can access the correct support at the beginning of their problems would be able to progress and live a better life. at the moment a lot of people have to hit rock bottom before any support is offered

because its getting that bad

BUT As long as the areas without specific mention, don't become gaps in the service. The times to first intervention for those with non-urgent conditions are known to be very long - what can be done to reduce the anxious waiting time?

Not enough resources to prevent social time bomb of mental health issues.

Good system is needed to manage acute and urgent mental health conditions to prevent long term related problems and fatal complications. A good system can save life.

No comment

No comment

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Sustainability of the services is important. Health Professionals need to understand Non-English speakers or ethnic minority group's needs . Carer, especially young carers' Mental health and well-being is a concern.

No comment

Too many words!

No comment

No comment

Good quality mental health services should be in place, especially for acute and urgent conditions.

Good mental health can promote the economy and productivity of the community and society. On the other hand, poor society economic situation can have negative impact on people's mental health and well-being.

Health education is very important for school and colleges, to raise the health awareness while the people are still young.

so people with mental health problems are given support they sometime not know themselves, or are unable to accept that they have mental health issues.

I have attended some peer groups to obtain advice and share information because my daughter is autistic. The peer group have language support for me to enable me to attend the meeting with no communication problems. It will be perfect if there are some medical professionals work together with the local peer group, e.g. psychologist can offer advice and information

No comment

Clearly many of these things are good things, but this is a frighteningly closed list of items that vary in complexity and scope. This question is almost meaningless out of context.

at the moment these services are not enough

creating best care environment critical to my recovery

Lots of mental health problems start because people don't learn at a very early age how to respect each other, they don't learn right from wrong, there's no discipline in nurseries or schools, bullying is not dealt with effectively, all this can lead to stress and mental health problems later on. We need to see the seeds

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of a better behaved society much earlier, this would reduce the burden for mental health spending - which could then be focused on those with inborn mental health problems.

If you can catch people early much can be done

we need to help people young and old with their problems

more emphasis and treatment for disorders such as anxiety based conditions or depression though experience of Cognitive behavioural therapy

No comment

No comment

No comment

Language support for non-English speakers. Work closely with the local groups and organisations

I have endured Several Suicide attempts and still going around in circles .. the last I succeeded but was brought back after 3 days in a coma .. 7 months later I'm still dealing with the issues that I wanted out from only now it's even more depleating .. more mental confusion social isolation judgement alongside numerous physical ailments and everyone including proffesionals expecting more than I have to give ..

My daughter was left for months with no help at 17 when her mental health nurse left. No one took on her case until she turned 18. A few very dark months trying to support her the best I could. Let down terribly by CAHMS

To raise the mental health awareness

It is important that support are given to patients with mental health. Patients are more likely to get involve in the society with appropriate care and support.

agree

maybe there should be a section for international students 'mental health. They have pressure because living in a different and new environment.

Expansion of crisis services to 24/7 and creation of new mental health support teams can prevent people attempt suicide

people can save money on health care

my grandson has severe mental health problems and the only support he got was a phone call and because he wouldt speak on the phone they dropped his case, they are useless

awareness of mental health is important for everybody

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It is very important to support the people with mental health conditions who wish to work to find and keep suitable employment; which will help those people to build up their self-esteem and confidence; on the other hand can help to boots up the national economy and to promote the productivity.

because some health issues are caused by mental health

Better care environments for people who need to stay in hospital to receive mental health care and support can help the patients tackle a fear and anxiety which can help to promote recovery.

Mental health awareness should start from early age as lots of young adults have suicide attempts

Again, work with community groups - they are already offering the above services.

They should be in place for people who have mental illness

better for society

the reasons are self explanatory early intervention is far easier to manage rather than letting the mental condition to treat the cause of such distressing conditions to escalate into suicide thoughts etc help listens

Too diffuse and things like children's eating disorders seems to be targeting a very small (assuming this is anorexia, bluemia) audience

No comment

help needed especially for young people

No comment

broadly but not qualified to judge

this is the best way forward

the best way to go

not explained

help people get into work while still ill

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Without proper and adequate supports and services, acute onset of mental health illnesses will develop serious or fatal consequences.

Support is always needed to keep a positive attitude

Every time we asked for help when we did get it was too late

Pressures on people today mean that these services are needed more but can be very difficult to access and long waits

Enable to minimise mental health issues and suicide attempts

Can help to minimise emotional damage; to prevent suicide attempt and long term related problems- health and social

To raise the awareness of mental crisis is very important to the patients, family members and friends; and the employers

I think it will help greatly as training people to help others can lead to good things and a better world.

I think this idea should take place as children should live a healthy and fulfilling life so it can influence later on when they are older, to make right and healthier choices on what they eat to prevent illnesses as much as possible.

No comment

No comment

No comment

No comment

Will need a good distribution of the funding to appropriate areas

Hopefully the above strategies can be beneficial to at least 70% of the South Yorkshire population

Expansion of crisis services, including ensuring that they are available 24/7 for adults and children, these services play a vital part to save people's lives; to support people to cope and solve problems before the matters come into crisis. Also it can help to prevent serious long-term problems from developing.

If the above commitments can be fulfilled comprehensively, the plan can help to reduce the NHS cost.

Prevention is better than care

NO comment

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No comment

No comment

No comment

It is a fundamental issue to help to people to maintain their mental health conditions in order to upkeep their capacity of suitable employment. A better waiting time for mental health services will be a great help for preventing suicide.

So we can share whatever problems to make less stress

No comment

improve awareness of healthy lifestyle

I know someone who committed suicide its a very sad loss, they got no help and were mis understood
some deaf peoples and friends was upset and stressed because no one to support them when their family and friend passed away

yes it is important because all people need get more mental health care but deaf need more BSL interpreters for their right
Yes it is important because all people need to get more mental health care but deaf need more BSL Interpreters for them to be right

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I am stressed over lack of interpreters

Yes work helps with mental health but, this should not be used as an alternative to brush issues under the carpet. not all people can work and need more advice and support.

To raise the mental health awareness in school is very beneficial to the students and parents and school staffs, hopefully less bullying incidents; parents and school staffs have better skill and knowledge to deal with it. Because bullying in school is very traumatise the life of the students, which can lead to further mental health issues.

No comment

Local council should allocate funding to our community centre

No comment

Of course these are right things to focus on but does the government have sufficient fund to run the plan?

No comment

It is good to have mental health and well-being awareness education in school and universities. As the children are the future assets.

To raise the awareness of mental health and well-being for the younger age group is more effective

Good mental health prevention and management should start from young.

Prevention of physical and metal illnesses should be started from school-age.

more efficient services are needed. e.g. less waiting time, more funding for the local communities.

As people are more aware of mental illness/wellbeing more funding is required.

Mental health services are clearly in crisis and severely underfunded. We're now seeing the results of "austerity" - more violent and knife crimes from youngsters who feel disenfranchised, can't get Work, can't get in the housing ladder, and so on. Male suicide levels rising. Stigma around poor mental health and accessing help. Suicide being the biggest maternal killer.

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Some of these are neglected.

If you could save 1, just 1 person from taking their own life, would you feel happy, a work friend took his own life, last year if we had the assistance then that we have now, he may still be here.

as a support worker for people with mental health. i believe there should be more help out there when needed. but due to the demand of the service there not always the help there at the time

More help for cancer patients and cancer survivors in respect of their mental health. No help was given to me. I was unsupported through nhs.

All good ideas I worry about who is going to staff this

No more stigma to people have mental health issues. They should be offered good quality of treatment and support to maintain their self-esteem

More people especially children and young adults prone to have mental health issues.

More resources should be invested into mental health and well-being services as hopefully the service gap can be filled, more people who needs this services are more accessible.

Increasing mental health and well-being support and services can enable better quality of care to patients.

No comment

No comment

More resources are needed to invest in improving the mental health and well-being services, as people with mental health problems are increasing.

Increasing funding into children's eating disorder services is one of the very important strategy, as there are lots of knock on effect, negative impact on their current and future health which they do not aware of.

I agree with the above ideas as I think it can be beneficial to those who do need the help for their mental health and can help to prevent them doing things they regret or other people won't like.

The services of NHS can be operated better, more effectively and efficiently alongside with the above strategies.

Again, if people consider they are perceived accurately that is of HUGE benefit and can in itself help towards positive outcomes

NHS should develop more of the above services to improve the mental health & wellbeing of different age groups.

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There are arising problems in school and universities; such as suicides; bullying; eating disorders due to the social trend. Therefore, the above commitments to Mental wellbeing and Emotional and Physical Health is very important.

?

If the above commitments will be able to meet the public needs, which can help to reduce to expenditure cost of NHS.

No comment.

More help should be made available for community to help their own members who have mental health conditions to stay in work or get back to work.

No comment.

No comment.

A positive daily activities could be assisted for maintaining a better health status, this depends on work as well as the influence from surrounding people.

Mental wellbeing improves when people can be helped back into the community and not left lonely and feeling unwanted

but i do think there are no services cover support for some chronic conditions ie fibromyalgia, rheumatoid arthritis

These focus on specialist groups and people eligible to receive specialist services. I have suffered with severe depression for more than 20 years and anxiety for 3 years but I have never been considered bad enough to warrant any kind of referral other than for CBT or 6 sessions of counselling, despite the fact that my physical health is severely impacted as a result of my coping mechanisms

My brother tried suicide a few months ago. Took 2 days to get help

mental health needs more focus, i have mental health issues n even though the service i receive helps i still think a lot of improvements can be made

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100% agree mental health is increasing and needs more services

seen mental health conditions first hand in school enviroment

Also addiction, many mental health problems are from abuse physical, mental and substance abuse education on these first. Prevent rather than cure.

increasing numbers of O,A,P s are being looked after by family members = suicidal thoughts

people are out of touch ,especially when people have long term needs

mental health is a growing condition ranging from young to old, it has had a huge amount of people suffering from this

services not easily accessible - could have an interim assessment service for priority

mental is very important to me

more of us will need the service as we get older

support children and young people , support with employment

people with mental health problems should be supported and helped into employment

?

I know of someone who needed treatment for anorexia who had to go over 100 miles for treatment

all the above would improve quality of life for being experiencing problems. it is important that information on such services are easily accessible. people cannot use facilites it they do not know they exist.

we hear a lot about mental health now but before it used to be covered up, or people where carted off to a mental hospital never to be seen again.

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a lot of people suffer with mental health, depression and such

by starting to educate children about mental health, it may remove the stigma
there are a long of young men who commit suicide in Rotherham, they need more help

My mum has dementia and its in the early stages but I would like to think she will get the best care if she needs to go into hospital
Mental health issues "snowball" into other areas - lead to problems with hoarding, property maintenance & debt
People need to know more about mental health it is not as easy as "pulling yourself together"
I don't have much experience of mental health problems, but I do know that it is a big issue and something we all need to be more aware of.
Sounds good to have shorter waiting times and more help for kids who struggle
I think it's important that we think about both our mental and physical health and both should be treated with the same urgency
Mental illness is all over the news at the minute - something needs to be done to help

Too much about suicides a mental health in the news especially locally
There are too many people, who obviously have problems left without any help.
mental health services do not get nearly as much attention as physical health
There are so many people with mental health problems and nothing seems to be getting done

Because you inform me that this is what people want "demos" in action
Again there aren't enough staff and not enough money. The £2.3 billion is far too little. It really is a sick joke. Read the LTP carefully. It's telling lies.

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They need more help than they are currently getting

The quicker help is given the quicker a person will recover
If we take greater care of our mental health, it will reduce the physical problems.

I said I have accessed mental health services - but I got as far as being referred. The wait was far too long then I received a curt letter saying to ring for an assessment or I would be taken off the waiting list. I suffered with anxiety and part of that was using the phone. So I gave up. I would like to see quicker easier ways of initial assessment that suits individuals. I agree that young people, especially young men need much more support than is available at present.

I have mental health and accessing services can lead to long waiting times

A friend recently attempted suicide and the follow up care for her was shockingly bad.

They make good sense
It will be great.

All sounds good, but I have no direct experience. People who have used services should be listened to. No mention of helping people early and stopping things getting worse - focus on crisis, not on prevention here, despite previous commitment.

"Creating new, more joined up, ways for professionals to support those with serious mental illness" - These services need to be significantly improved. All of the above are very important + require more staff for patients mental support and also admin services associate with same.

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I also think there needs to be much more of a focus on the links between poverty and mental health problems
mental ill health is a massive problem and more help is needed to reduce it

To expand the service that support those with mental health conditions to become fit for returning to education, training, and find suitable job.

you see too people with mental health issues, it is growing and needs to be made into a bigger service
more and more people getting mental health problems
increase focus on male suicide
people with mental health need more support.

As before; these are good initiatives. I'm afraid I've lost trust in those funding and implementing these support structures. I'll believe it when I see it. When, and if, I do see it, I will very loudly declare my admiration to my many followers and those I support.

Yes if it is shorter time

Mental health services are woefully lacking so any improvement is a positive step.

They are alright, but there's a risk of not doing enough soon enough to try and provide more effective help for older people who've been affected for a long time by mental health issues, not done enough to seek help, or not been able to act on advice given by GPs. Also, more and better information should be provided on ageing and the effects it can have on physical and mental well-being.

But i do not know much about it.

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Finally we have woken up to the fact that mental health is an issue that should be treated the same as any other serious illness

Too much time and money is focused on so called mental health issues

I know several people who currently say there isn't sufficient support in crisis and organisations and that existing organisations don't communicate between each other.

These are excellent things to focus on, but not at the expense of supporting other groups.

Understanding autism is essential

but don't forget those with autism who will present very differently from each other and may have limited communication. Diagnostic skills weak

Overall mental health services are poorly resourced. It takes too long for sufferers to find any support. The care appears to be slanted towards a pharmaceutical approach to treating mental health when in fact people appear to respond better to talking therapies. When talking therapies are available they are provided for only a limited time and if sufferers have not recovered sufficiently by the last session they are effectively abandoned.

Mental health provision has been cut back and not enough support in the community

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after working in an environment (education) where you see the impact a pupils and families of inadequate care and support in this area and the increases in demand for services ,i consider this to be an essential component of our future health package .

again these are very laudable aims , but the reduction in funding for mental healthcare is almost legendary.

i have worked in the mental health sector in past years in various hospitals , clinics and secure units . service users received 1 to 1 care and support at varying degrees, these have predominately all closed and the service users are left in the community with sparse care !!!!!

they are but it doesnt happen because locally in the past 6 months there has been two suicides

flexibility is needed to help peoples health problems so they try to lead a normal life

finding suitable employment and working is better for your mental health and wellbeing rather than dishing out medication

Often mental health issues arise because small problems are left to grow big due to the lack of access to adequate physical or mental healthcare in the first place. Poor mental health in many instances is a bi-product of poor basic primary (or secondary) physical and mental healthcare in the first place. Austerity has caused a spiralling need for healthcare service (not agencies and "groups" that as I previously said, have little impact)

i have family history in this and also personal history , its better to help a person first time rather than when its too late .

if peoples mental health is not taken seriously and supported appropriate it only serves to extend periods of illness

access to good beneficial mental health support is essential.

key to supporting my mental health

Any improvement to Mental Health Services is always the right thing to focus on. Sometimes people, with what may be seen as 'low level' mental ill health, feel that they get little or no access to support because it is not seen as 'serious enough' or they aren't at crisis point. More preventative early support not only helps with breakdown stigmas and getting people to come forward who need help, it helps those who do have the low level mental ill health not reach that crisis point. Mental health support across all areas needs to improve and be more joint up and flexible. People don't just suffer Monday to Friday between 9-5pm.

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When my late husband was ill with severe depression and unable to work, his employer terminated his employment which made our situation much worse

My child is on a two year waiting list to be assessed for a diagnosis and then will have to join another waiting list for treatment. The system has failed us

I agree these are the right things to focus on as many children in school don't really understand mental health and may feel as though they can't speak to anybody. Also it's good to focus on the mental health of pregnant women as being pregnant is quite worrying. Increasing focus on suicide prevention is a great thing to put more focus into as suicide has been a big problem in the past few years.

If people want to end their life they will do it. my Mum did!

For too long now, there has been a stigma attached mental health wellbeing . This has been the case in all age groups and at so many different levels. By 'normalising' or acknowledging the fact that it is actually okay to seek help and support with regard to mental health wellbeing , more people will have the courage to ask for help and support and more people will benefit. This is the case whether at school, in the workplace or at home.

Also needs to be a focus on helping people get off the antidepressants that doctors have prescribed them for years, got them addicted to and doing serious damage to their bodies

All of these are important, but needs to be more focus on root causes/contributors to mental health issues e.g. food poverty, housing, income inequality, Mental health has become more talked about recently and the current economic and environmental state of the country could have a greater impact on mental health potentially leading to far more suicide

Young people's mental health is really important Mental health for all ages needs to be given as much support as physical health

This is a motherhood and apple pie list. Everyone will want these things but what else might the money be spent on?

More resources need to be placed into specialist services such as the Young Onset Dementia Service instead of constantly cutting our funding and staffing

I think you should not make them ill in the first place by giving treatment that is appropriate.

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I think cancer and any life threatening illness requires more input than mental health.

I don't really understand mental health issues

Treatments given early are going to help prevent escalating illness. More is needed.

Having known someone who died from an eating disorder and knowing the problems the parent had for obtaining support at the time this type of support is crucial

its a start

Although I have not needed to use mental health services myself it is prominent in the media - especially the amount of young men in our area who have mental health problems and go on to commit suicide leaving devastated families and friends.

mental health is the biggest killer within Barnsley besides drugs/drink but even these problems stem from mental health and well being underlying issues , so i think that mental health services should be the top priority and also there should be an additional service for patients that have been discharged from mental health wards /hospitals etc for any support and advice they may need when released back into the community , as this could also prevent re- admissions and be a backbone for the number of patients that end up in AnE , with this support i am sure this would be very helpful to both patients and nhs staff .

too long waiting time from local mental health services especially CAMHS !!!!

better mental health care provision could make a huge difference to peoples lives.

Many health problems seen in clinics across the NHS are a manifestation of mental health problems leaving the staff dealing with it being inappropriate people for the job and patients being passed from service to service the underlying problem is what needs treating not just the symptoms

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There also needs to be more integration of health and social care. The demand on social care is such that the thresholds are so high its only at crisis point they can be accessed which is to late and more work in early intervention would be better and more beneficial

Mental health is an illness which has increased and I believe things like social media and loneliness are a contributing factor

Once that person is on track a follow up from any of the services would help as well.

I know a friend who wasn't serious enough for specialist treatment but iapt wouldn't see them as they were too severe for them

Mental health is something very important and something that people constantly get let down own. CBT and therapies don't always work for certain people. Different things need to be looked into.

Because it is appropriate in this day and age

These services are vital for many people

A lot more understanding surrounding mental health and support for those in need is very important. As well as those who wre out of work

As I work in Mental health sector in Sheffield for a charity I understand all these things are beneficial to focus on but also largley feel focusing on early intervention and prevention of getting to crisis point would be really beneficial, decreasing waiting list times and just having more staff and contact with service users to regain trust and hope I feel could hugely benefit service users, this would also prevent more individuals reaching crisis point and needing to be hospitalized or closely monitored which would save money overall.

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There are known gaps in all of the above. Understanding the causes of mental health problems and prevention work is important too, particularly with young people. This needs to be national and strategic, and include issues such as poverty, social exclusion and pressures faced by young people eg in school

Agree with some of this but we need more special hospitals for mental health. Especially for folks in crisis
Shorter wait times allow those to get the help they as so they don't end up harming themselves or others

Mental health support is non existent so this would be a start

More people need this
mental health problems can have deep routes and can get worse if no support given, also will cost more for NHS/social services.

logical to do those things

Useful priorities. Worried about labelling people with psychiatric diagnosis. e.g. "depression" instead of poor working conditions etc

People will feel part of society and may contribute to improving their well being.

Mental health support is hugely under funded. Mental health problems affect us all but still isn't addressed properly.
I think it is important to encourage people with mental illness to find work and have something to focus on.

It seems the family unit no longer help and support mental issues but I would question what are caused by the home environment

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Mental health issues are often over looked and not seen as important. If someone is seen by a medical professional faster less the chance of suicide

There is not enough help or support out there for mental health people the more support the better
Because at the moment they are not working together and not sharing information

All these will enhance the well-being of the person whilst they are recovering
Waiting times to see CBT or any mental health support are for to long and make people even worse and feel very isolated
Mental health issues are on the rise and are definitely to be focused on
Not needing services.
More doctors at the GP. Doctors are leaving and I don't see the same one each visit. More doctors need to be available
Wheres the money coming from, is it really NEW money, or is it money taken from Peter to pay Paul?

I think that rather than treating these patients on just 1:1 basis, it would be good to have groups set up. Where they are able to feel part of a social group, share thoughts and get outer support as well.

Mental health issues don't seem to have the same impact as the other services and seems to lack effectiveness
Mental health is the cinderalla of the NHS - too little, too late. People need to be able to be educated in their own mental health and wellbeing issues.
Educational setting should be taking the lead on these issues to enable people to address the mental health and wellbeing that directly affect them.
As targets don't work, they make people focus on "low-hanging fruit" clients and numbers. Otherwise this is all good. Working with employers.

Don't know

Mental Health Services are very important as they impact so many people in the world and their families
Due to the rise in mental health diagnoses

Most of these are self evident needs but not vital in my case

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People need to understand people with these problems are still human beings

Everyone deserves a chance to have employment. Mental Health patients included all patients should be on suicide watch

Yes BUT. What about people with dementia. What will you do for them? Shove them under the carpet because they have no voice? What about people with depression brought on by physical disability/illness e.g. Parkinson's Disease, cancer, arthritis etc? and childbirth.

Any improvements and ideas must be advantageous.

I think working for anyone with health issues/mental is very goof as its another focus away from their own health problems i.e. mind over matter

Also need for more staff which will reduce waiting time and a need to not rush off a patient within time limit!

Waiting times are too long

More and more people are not getting help with mental health There needs to be more help targeting young men and mental health as they do not seek help because they are too proud.

There seems to be a big focus and mental health at the minute and many young people taking their own lives - if we can stop this its got to be good children eating disorders are under recognized so please with initiations are in place

Too often other emergency services have been relied on to fill in for insufficient mental health services

More people need this service at a younger age

The rigid separation of mental and physical health is unhelpful. Mental health problems can cause physical health problems, and vice versa. These need to be managed together by health professionals treating the whole person, rather than just pieces of them.

These people need help as soon possible put in touch with correct team to help with their problems

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Whilst are very worthwhile, I believe that the waiting time target is particularly important. When my father was at crisis points in his life (recently deceased) we were often passed around because of 'other priorities'.

Everyone wants to be able to work and feel useful and need a shorter waiting time because some times they have already killed their self before they get help

the availability of timely access to such services is crucial

Any better suggestions?

My nephew committee suicide recently so I feel strongly that more money should be put into supporting people

As a Samaritan I am very aware of the short coming of the mental health service. Many callers are desperately waiting for support, appointments, counselling. In many cases in a 'crisis' they are told to phone Samaritans as they are unable to provide support necessary.

but more stuff needed.

Mental health needs an overall desperately so anything positive suggested isa good thing and even better if actioned

Unfair balance of money spent on physical health services.

Prevents isolation. Gives hope. Keep focused. Goals to achieve

It seems to cover all areas of support but implementation wise, I am not sure. I didn't get the support that I needed because lack of awareness. Possibly not enough is being done to create awareness.

childrens mental health is very important

Services are under funded and virtually impossible to access for people with more complexity

These seem to be well thought out targets /goals my only observation is where do we find the right experienced staff to fulfil all of this?

So people are aware

As an NHS chaplain, I am acutely aware of mental health issues I witness and these services plus joined up thinking are badly needed. I also have a son who is on the autism spectrum and needed educational support. I am aware of too many other children in my community who have strong Autism Spectrum issues and the education system is failing them badly - schools are avoiding the problem, and families are suffering the consequences

I agree and I think it will help make society a better place knowing that there is help out there and not being turned away or placed on a waiting list. more support in schools will be good for the child to be able to talk about their problems ands feelings. helping people with mental health issues will be great as this involves them in society and treats them as individuals not just patients with problems.

Question 11

Severe shortage of mental health support in Sheffield. Seems only to respond to emergencies, not to help people with less acute but very difficult long-term conditions.

Yes but more psychoeducational groups need to be developed and longer duration of the groups. BpD group at STEP latest 4 weeks...not enough to learn DBT skills

These seem like tokenistic sticking plasters to give a surface veneer of tackling mental illness, when in reality they will do nothing to reverse the devastating effect of cuts to all mental health services. There needs to be adequate mental health care available to /everyone/ who needs it, and this will not happen without a massive increase in funding and a serious commitment to parity of esteem between mental and physical health. We are in an epidemic of poor mental health that impacts on the health and productivity of the whole country, while those in charge stick their heads in the sand and try to pretend only a small and ignorable number of people are affected, and rely on stigma to hide this huge problem.

suicide rates and mental health issues have reached high levels especially among the young people//teenagers
need more focus on mental health young ,ales

more on early intervention / prevention / whole school approach to mental health and well being.Including resilience in children
We need to attach as much importance to mental health as physical health

Help should be available before crisis point is reached

At the moment yes. When you have a mental health problem and you have to wait 6 months to get an appointment this is not good enough. The system is failing .

These services need to be as accessible and flexible as possible as they rely on the patients feeling comfortable and relaxed so they attend and participate

Only if people understand what support means and benefits

But expanded - why only children's eating disorders increased funding? People of the age of 16 also suffer from them and the effect on their mental and physical health is devastating. Increased spending here especially in the earlier stages could enable to student to maintain their education and others to remain in employment. In all cases reducing costly intervention later.

Help is needed sooner rather than later

Question 11

As before the waiting time to see a counselor is very long and the sessions only last 6 weeks.

People with mental health problems get a raw deal

Need to be made aware and signposted gto the right place.

More specific focus on individual needs are required.

I believe early intervention reduces the impact on the NHS and crime.

Mental Health is as important, if not more so, than physical health.; though the two are often joined. Anything that can give more support and help is good.

Mental health is significant and under estimated and can contribute to other health factors and the whole family's health

The system as it exists is broken. A person can be taken to a&e after suffering a severe mental health crisis and more often than not they are discharged without the help they need because it is either both available or the help needed doesn't exist

Question 11

A hidden illness recently being more widely recognised. With recognition should come the necessary support

But... difficult to disagree with these statements are fine but it's the detail and how you do it that matters. I'm cynical because I feel I've heard it all before and things have got worse not better in many instances. And what are the things you've not mentioned, maybe some of those are important as well

Don't agree with all these. Employment for example is not NHS, they have a department for work and pensions, they should be doing more.

Yes and no. Although I do find that the NHS are very quick to throw the mental health card down these days and love to push for a problem - eg saying you've got post natal depression 2 days post birth and trying to put you on anti-depressants when in actual fact it is just the normal baby blues

But there's nothing for the bulk of mental health problems: non-life threatening but nevertheless life-changing problems experienced by adults.

I believe all of the above of early intervention reduces the impact on the NHS and crime

"You should have somebody there"

As previous - significantly more mental health needs in children & young people

You pamper to so many fads transgender if you have not had the operation you are opening up a can of worms for pedophiles to have an easy access route into opposite sexes changing rooms babies of non-gender you are either male or female get on with it stop with everything needs to be different

My teenage daughter has had MH issues and we cannot get any support from anyone

Mental health services have been cut over the years but people's needs seem to have increased especially in children. Trying to get a diagnosis of autism can be an agonising wait while kids are left in mainstream schools to cope as best they can.

They are basically about improving service provision which has got to be a good thing.

My son suffers with a lot of these problems and it did take too long for him to get the help he needed.

It's often overlooked or dismissed

Question 11

I like all of those but I'd also like to see emphasis on ongoing support. My family member received good crisis care but was dumped out of the system very rapidly and wouldn't be recovering if he hadn't been able to afford private treatment.

People with mental health conditions need all the help they can be given

My work in the hospital exposes me regularly to the gaps and long waits for mental health and other services. Many end up in A&E through desperation.

I personally have required these services and then realised the need for them

Lower waiting times Support childrens mental health Better funding

important to increase funding for mental health

With working within the NHS it is quite obvious that patients are struggling to gain access to mental health services, so do massively agree that this needs to be looked at more services need to be available and quicker.

There are many pressures on mental health and pressures from social media. It is good to get the help particularly at an early age.

This is an area in need of such a service. fortunately I have witnessed when this service has been available through supporting services and it proved invaluable.

Yes and no. We need lots more attention to all the factors causing these issues so there aren't so many people needing help. I sometimes think that some normal human experiences are being medicalised far too much, Esperanza amongst young people.

These are laudable but do not mention dementia care which urgently needs to be addressed as a health need, particularly in the elderly frail who are forced to give up their homes and lifetime savings to pay for care.

There needs to be more support for people struggling with poor mental health as it had such an impact on everything

You need to focus on listening to people and responding to the way in which they want to be supported- throw away your pathways and interventions, start coproducing what you do

To a degree however this is a very medical approach and mental health well being services should be better linked with alternative community provision

I don't agree with the target. NHS targets put pressure on the wrong part of the pathway and hitting the target becomes the dominating factor. I do agree however, that access to mental health services should be much more accessible in a timely way

Question 11

Evidence for people to work and link to improved mental health if working therefore if can provide more tailored support to people with health conditions to still work in meaningful ways then better for all.

Focus on helping drink and drug addicts with mental health problems off the streets and away from dealers who target them

So many people I know have had to wait too long for help in this area.

More holistic treatments programmes should be introduced. Lots of people are given 'depression' medication when they are just sad...they need help in realising that they are sad, not clinically depressed and doctors surgeries should have an outlet to refer these people to for proper assessment/more appropriate support.

Probably, but I am (fortunately) not in need of these or aware of others who do.

Mental illness is just as important as physical illness

All prevent problems getting entrenched

This is ok , but you are mainly offering improvements for the health care professional to better manage the patient , as a patient what's in it for me

I know of one person that died from an eating disorder therefore important

Support in school/college makes a big difference - the counselling I had in my last year of A-Levels was invaluable. Linking services for mental health support and employment is really significant, because mental health impacts people's ability to find and keep a job. It would be good to focus on women going through the menopause too - my mum struggled with this and probably would have benefited from just talking about it more.

As a teacher we can't do everything. Part of the stress and anxiety comes from us! We have to get the kids through the exams and try to offer help. Also through safe guarding we are looking out for at risk children but there are too many needing help and this needs to be undertaken by professionals not teachers. Also I have used cbt provided by NHS but found that it was the talking not the therapy which helped. I understand that cbt is used to show measurable outcomes but there should be a range of therapies offered.

More access 24/7 is vital. Mental health isn't something that can be planned in advance

Question 11

Because people who are not in a good .place Need to know that there is somewhere that they can go and get help as and when they need it

Children are under much more pressure recently and many have resorted to suicide. Many adults have been let down as they struggled with mental health and didn't know what help to ask for. How are you able to know what help can be given. And there is still a stigma

Unfortunately since most of the mental hospitals have now closed, there are many people who are out in the community who do not get the help they need. Also, why is it we actually now have so many more adults and children who have mental issues? Is it caused in part by the lack of a normal family life nowadays.

Again a some

needs more funding for children with mental health NHS say under 18 don't suffer mental health wrong

Yes, but what will you be disinvesting in as a result?

all very good

Normalising the discussion by having MH teams in schools will reduce the stigma that older generations associate with discussing their mental health

Mental health needs more support in place

Question 11

Education and support for parents is also needed

Also a drink, drug and social media/ reality focus

Most is great but I find waiting time targets not always useful AND can sometime prioritise numbers over level of support needed. Some patients need more support so take longer and should be priorities

They seem to be reasonable.

Because mental health is just as important as physical health

good mental health can lead to good physical health and an all-round feeling of well-being that impacts on society, leading to greater personal independence, employment, and reduced dependency, as well as keeping overall costs down.

Largely agree, but there should be emphasis on prevention, rather than crisis and building robust communities and families.

Need to include increased staffing for community services. Targets are not helpful as they become the focus not the patient

It's not a complete list of needy groups. There should be mental health support for people caring at home.

Mental Health problems are not short term. They don't get cured or disappear. You can learn techniques to help but there will always be times you need quick access to more help. The old Mental Health Day Centres and Day Hospitals did wonderful work in supporting people and keeping them out of hospital and comparatively safe but these have gone. Many people feel that the "care" has gone out of care in the community. As far as work is concerned the right work can be heaven but the wrong work is hell. Many people get their mental health problems from the way they are treated by employers, especially commercial employers.

Question 11

Except the suicide prevention. Protect and support the living. If someone is really ready to die, forcing them to live is torture. Let them die with dignity if that's what they want.

There is an acute shortage of mental health resources for people with mental health AND learning difficulties. Cuts have hit these most vulnerable people causing extreme stress undue suffering and near death experiences. Families in turn suffer and the knock on effect is very significant in relation to the whole community, employment and the economy.

young people need more support, prevention is cheaper than the cure so they say, more money needs putting in to mental health services for both adults and young people

In addition need a better way for physical health services to refer/access MH for patients attending A&E

Lack of beds and experience staff leaving the service

but also need continued preventative work and support for those with mild/moderate mental health problems to stop them getting worse

Must also support unpaid carers, & tell them how to claim allowances etc.

Any extra focus on Mental Health is better than the status quo.

Question 11

Because they are needed

However more specialists at GP level would benefit - first option offered seems to be medication, this is not always wanted. There is a gap for emergency mental health health - A&E type setting. Counselling waiting lists are too high and group sessions are not for everyone.

Too easy to say children have mental health issues, probably more to do with parent problems and upbringing.

Employment support is vital to prevent worsening a mental Health condition.

I do, with suicide prevention, much more research needs to be done in how an individual may present, to try to detect the early warning signs. Mental health issues cover such a huge area and is obviously linked to physical health. Expansion of the entire service is critical to all aspects of health, when it comes down to the fundamentals of life.

More community things are great for the ones that are able to access them. Others need more intense support sometimes

Further focus should be to improve outcomes for the mental health of young people

I think suicide prevention is extremely important

Very important area of healthcare

Question 11

More support is needed for young people and BARNSLEY suicide rates are bone national average

Seems a more joined up approach to services

drugs and alcohol street service

My daughter has experienced some mental health issues and I have found the school have worked well with us to arrange some IAPT support

Having had personal experience I totally agree with the creation of mental health support in schools and colleges

Again, I do agree with the plan, I just feel that the very nature of mental health problems mean that reaching out for help is incredibly difficult. Therefore, I feel that making appointments and getting help should be an easier and more accessible process.

More services are needed for mental health

Children need to understand mental health at a young age.

Mental health still has stigma

I also believe that more peer support is important. having someone on hand that has had a similar experience can be very helpful

It seems that more youngsters these days are struggling with mental health issues so starting education in schools is needed

Services are inadequate at present. "ring the samaritans" is not advice for people in mental health crisis

It priotises a lot of different mental problems, and it would help them feel more comfortable in a normal society

Question 11

Recent data shows that demand in CAMHS is growing

As the waiting times are ridiculous and should be able to access help from school. Making sure people get the right help when needed.

This would make a significant difference

This is exactly what mental health services used to be like and needs to return to.

Mental health issues are one of the most poorly funded areas of the NHS and if people are in crisis they need to be seen and helped ASAP, not in 3 months time

health and wellbeing is crucial to everything

Need more flexible access responsiveness at time of need

It is desperately needed. Dementia care as well

I agree with most of these things however, there's no reference to people living with dementia

Question 11

the increased need nationally for mental health services
