

## Health Ambassador meeting – 31 July 2017 – notes

At the Health Ambassadors meeting on 30 July 2017, there was a discussion about the attendance at meetings and ensuring that valuable time for each of you as Health Ambassadors, was spent effectively.

Healthwatch Doncaster values you in your role as a Health Ambassador and we want to support you to talk to your communities and networks about subjects and topics that are of interest to you.

### Actions and outcomes

1) The Health Ambassador meetings will move to bi-monthly – this will ensure that all Health Ambassadors can prioritise the meetings and that there is enough time in between meetings to gather information

2) The Health Ambassadors discussed a list of subjects and topics and agreed to prioritise the following areas:

- Mental Health
- Doncaster Place Plan
- Communication and access to information
- Primary Care
- Prescribing
- Self-care, prevention and personal responsibility

3) The Health Ambassadors agreed a structured approach to gathering information on the prioritised topic areas using an series of questions developed by the Health Ambassadors and an electronic survey – there was also an agreement that group discussions could be used for some Health Ambassador communities where access to an online survey or reading/writing was a barrier

The structured approach will follow an 8 week cycle: 6 weeks for Health Ambassadors to gather information from their communities and networks and 2 weeks for Healthwatch Doncaster to write up a report and recommendations based on the information gathered.

The proposed structured approach is attached.

The report will then be discussed at the next Health Ambassadors meeting and the Commissioning/Provider lead for Mental Health services will be invited to take part in the discussions.

In the second part of the Health Ambassadors meeting, the questions/survey for the next topic/subject will be discussed and agreed so that the survey can be sent out by you to your networks and communities.

4) The first topic area for information collection is Mental Health and the questions/survey is attached for your review. You are asked to email out and share the survey with as many people as possible within your network/community and ask

them to complete it. The responses are collected automatically by Healthwatch Doncaster via the Survey Monkey website.

If the numbers of responses are looking low then we can send you reminders to forward on to your networks encouraging people to complete the survey.

5) The final date for capturing the information on Mental Health services is 8 September 2017

The [Survey](#) can be accessed by clicking the link here: [Survey](#)

I hope that you find this information useful and that you will continue to support the Health Ambassadors programme. I am confident that the information that you gather will enable us to write a valuable report with recommendations that can be shared across Doncaster.