



# 3<sup>rd</sup> July 2023



What have you been Doing ... and Achieving?







Nayi Zindagi – New Life



They held a Fundraising Event for Syria and Yemen



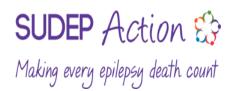
They collected over £2000







Experts by Experience from Speakup ...



Have co-produced two films for SUDEP (Sudden Unexpected Death in Epilepsy)



Watch the films at ...

click

https://sudep.org/my-life-epilepsy-resources









Jodie from ...
Employment is for Everyone



She is working with ... Learning Disability England Good Lives: Building Change Together ...

Helping people find paid employment



Find out more about the Good Lives: Building Change Together framework at ...



https://www.learningdisabilityengland.org.uk/whatmembers-are-saying-and-doing/good-lives-buildingchange-together/







Experts by Experience from Speakup ...

have been working on two projects to help keep people safe ...





Project 1: Digital Champions with Skills for Care

Using the internet safely (more details in August Spreading the News)







Project 2: Grooming is not just a Comb

Co-produced film with CF Media for ...

The Friendly Information Company

How to keep safe from abusers ...

To watch the film click here



Grooming is not just a Comb







Every Friday Morning from Speakup ...
Walking Bubbles



To suite all abilities



To find out more phone or email Hayley ...



Phone: 01709 720462

email: <a href="mailto:hayley@speaup.org.uk">hayley@speaup.org.uk</a>





September

14

A date for your diary ...
Thursday 14<sup>th</sup> September 2023



Big Health Day



At the English Institute of Sport in Sheffield



To find out more phone or email Sally or Hayley ...

Phone: 01709 720462



<u>sally@speakup.org.uk</u>
<u>hayley@speaup.org.uk</u>